



## Manchester Cats Netball Club

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### ***Code of Conduct for Players***

#### ***As a player at Manchester cats netball club, I will:***

- Follow the rules, regulations, and requirements of the sport, including those of any competitions in which I participate, either directly or indirectly.
- Respect the rights, dignity, and worth of all individuals involved in the game, regardless of gender, marital status, race, colour, disability, sexuality, age, occupation, religion, or political opinions.
- Promote the club in a positive light and always behave responsibly when representing the club. Refrain from making any inappropriate comments about a player, coach, official or volunteer that will bring the club into disrepute. Players represent the club at games, tournaments, and residential events; therefore, we expect them to always behave responsibly and respectfully.
- Behave responsibly on social media and refrain from making negative comments associated to the club.
- Always attend training and matches in our branded club kit, nails trimmed, hair tied back, no jewellery and appropriate netball court shoes.
- Ensure that my mobile phone remains on silent and is not used during training, games, warm-ups, or cool-downs. Any player found to be on their phone during these times will be asked to leave mobile phones at home for future sessions.
- Respect all umpires, opposition players, coaches, and teammates, treating them as you would wish to be treated yourself.
- Be on time and give full effort and attention during training and games.
- Be a team player and recognise the achievements of others, applauding their successes.
- Display modesty in victory and graciousness in defeat, having good sportsmanship whether a win or a loss, always acknowledging the other team and umpires at the end of

the game. Maintain composure on court, demonstrating resilience and professionalism at all times.

- Refrain from arguing with officials or participants during a game and respect all officiating decisions.
- Enjoy the game!

*I will endeavour to abide by this code of conduct and promote it to others. I fully understand that if any part of this Code of Conduct is breached, I may face disciplinary action by the committee.*